

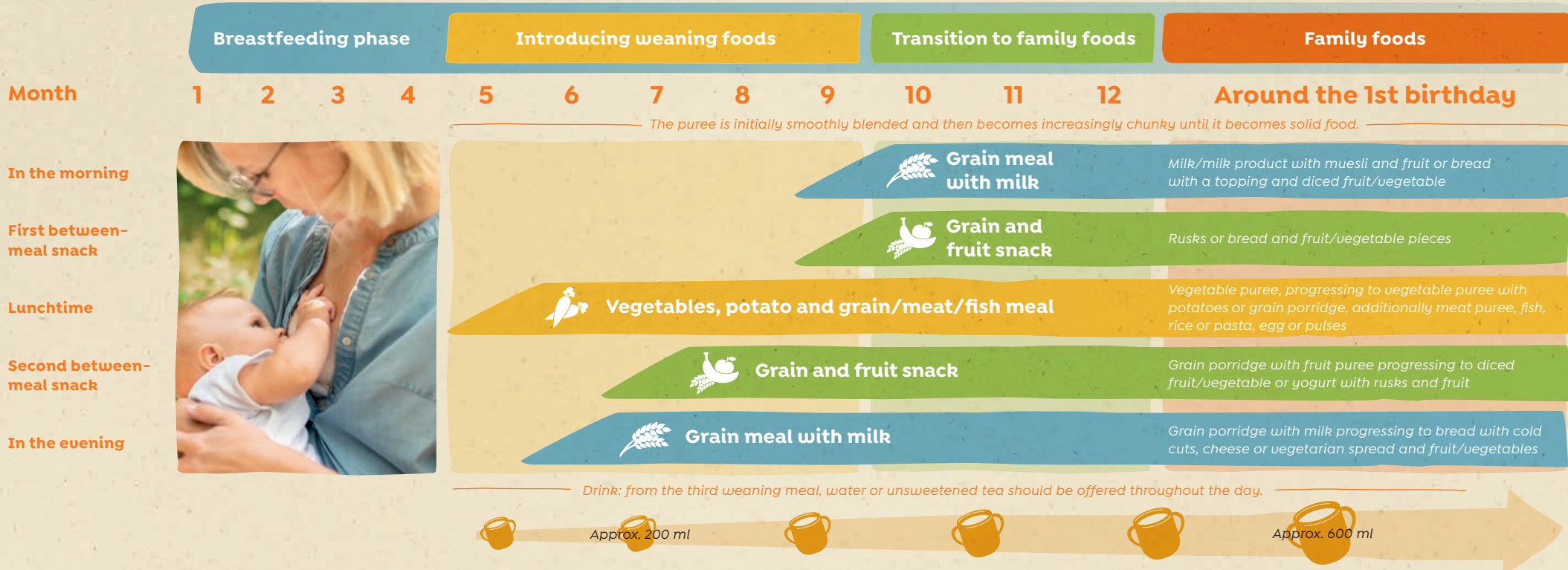
WEANING STEP BY STEP

Please note!
The start of weaning
is tailored to
your child.



Holle

From the first puree to family foods



Important note Breastfeeding is the best thing for your baby because breast milk provides your child with all the important nutrients they need for growth and development. A wholesome diet for the mother during pregnancy and lactation is particularly important. If breastfeeding is not possible or is not sufficient, infant formula can be used. Please be aware that an increase in the provision of infant

formula can be detrimental to milk production. Physiologically, it is hard to reverse the decision to no longer breastfeed your baby once it has been taken. If infant formula is used, we would like to point out that it is important for the health of the baby to precisely follow the directions for preparation and storage.

More info at: www.holle.ch